

# How Do I Recognize the SIGNS of an OPIOID Overdose?

**If you notice one or more of the following:**

- Breathing: slow, shallow, or stopped
- Blue lips and fingertips
- Gray, clammy skin/vomiting
- Loud snoring or gurgling noises (“death rattle”)
- Person unresponsive
- Slow pulse/No pulse



**Know the signs, know what to do - TAKE ACT!ON**

Substance Use Disorders in Maryland | [www.dhmh.md.gov/adaa](http://www.dhmh.md.gov/adaa)