

ACCESSING ABA BENEFIT REQUIREMENTS: DOCUMENT CHECKLIST

Following are the qualified health care professionals (QHCP) that are approved under the Maryland Medicaid ABA benefit to complete a Comprehensive Diagnostic Evaluation (CDE) if they have the requisite training and experience to diagnose Autism Spectrum Disorder (ASD).

Qualified Health Care Professionals (QHCP) with training and experience to diagnose ASD:	
<ul style="list-style-type: none"> • Clinical Psychologists • Nurse Practitioners • Neuropsychologists • Pediatricians 	<ul style="list-style-type: none"> • Developmental Pediatricians • Pediatric Neurologists • Child Psychiatrists
Elements of a Comprehensive Diagnostic Evaluation (CDE)	
<ul style="list-style-type: none"> • Parent/caregiver interview • Direct observation identifying primary features of ASD • Developmental/psychosocial history 	<ul style="list-style-type: none"> • Documentation of current functioning across major domains of development • Statement identifying diagnosis of ASD • <i>Recommended (not required): Standardized diagnostic measures (ADOS, GARS, CARS-2, ADI-R, etc.)</i>

Outlined below are the requirements to access the ABA benefit:

- CDE completed by a QHCP

Important Note: If the age of the participant at time of diagnosis is *3 years old or younger* and it has been more than 2 years since the participant received the ASD diagnosis:

Clinical Confirmation Form (CCF) is required

- Referral/prescription for ABA services completed by an above listed QHCP's dated within the past 6 months

Submit the above required documents via E-Mail or Fax for ABA benefit access determination:

❖ E-Mail: ombhaba@optum.com

❖ Fax: (844) 882-9917 (Attn: ABA team)

Next steps:

- Please allow 3-5 business days for the documentation to be reviewed
- Once reviewed, you will be notified via phone and/or email of any additional documentation required or if all documentation is sufficient
- Once documentation is sufficient, should you require further assistance, Optum Maryland ABA team can provide further assistance to your family in locating an ABA provider by **contacting 1-800-888-1965, TTY 711.**

Optum Maryland ABA Team is available to assist you Monday-Friday from 8:00 am - 6:00 pm. You may also visit <https://maryland.optum.com> for additional information regarding the ABA benefit.