



# A TRAINING PROGRAM

A three-tiered training program for civilian behavioral health providers who are interested in working with military, veterans, and their families.

## A REFERRAL REGISTRY

A public online registry which is searchable by location, condition, populations, and type of insurance.

## EACH TIER BUILDS ON THE ONE BEFORE

Tier Three

#### Tier Three EBPs (2 days each)

- Acceptance & Commitment Therapy CBT-Chronic Pain CBT- Depression
- CBT-Insomnia CBT-Suicide Prevention Cognitive Processing Therapy
- Prolonged Exposure Therapy

#### Tier Two (2 days)

**Tier Two** 

- Sleep Disturbances Substance Abuse Disorders Traumatic Brain Injury
- Post Traumatic Stress Disorder Military Families Suicide Ethics

**Tier One** 

#### Tier One (1 day)

• Military Culture • Deployment Cycle

### **PROGRAM IMPACT**

- Program has steadily expanded since 2011
- Online and in-person workshops
- Offers free CE to providers
- Over 450 training workshops
- Has provided 142,000+ training hours
- Nearly 1,000 providers on the registry
- Significant increases in participants' confidence to treat service members and veterans
- Significant gains in participants' knowledge about military culture, treating military populations and evidence-based psychotherapies (EBPs).

## **SBHP STATES**

(SBHP STATES ARE IN GREEN)

